
Balancing Innovation and Integrity: A Critical Analysis of Academic Writing in the AI Era

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ABSTRACT

This paper critically unravels the phenomenon of academic writing in the contemporary era of artificial intelligence (AI). This is as recent advances in AI have made inroads into academic discourse. With AI tools transforming the way we perform research, analyse data, and even write, it is important to reflect on the consequences of how we value quality, rigour, and ethics in academic work. This framework incorporates two main criteria: originality and ethics. It explores the various ways in which these can be impacted by the inclusion of AI changes. Results from an interactive cross-sectional survey suggest that although AI tools provide significant benefits regarding efficacy, optimization, and accessibility, the incorporation of AI in academic writing raises concerns about the genuineness of many academic papers. They also increase writers' vulnerability to biases and hinder the development of critical thinking abilities. This paper concludes by highlighting the significance of adopting a balanced strategy that leverages the capabilities of AI while maintaining the fundamental principles of thorough academic writing rooted in human creativity and intellect. To strike that balance, the paper advocates for Education in Operation Research Thinking.

1. Introduction

If the pace of the improvements in AI technology continues unabated, it might utterly replace human intelligence unless acceptable precautions are in place to treat this rapid enhancement. This is a warning by the 2024 joint Physics-Nobel Prize receiver, Geoffrey Hinton, a British-born Canadian AI researcher. The 2024 Nobel Prize in Physics has been awarded to two researchers who laid the foundations for machine learning, namely, Geoffrey Hinton and John Hopfield. Separately, the 2024 Nobel Prize in Chemistry has been awarded for using artificial intelligence to predict protein structures and for innovations in computational protein design. This indicates that the basic academic dominance of Physics and Chemistry may be erased from the priority list in the future due to the power of AI in using supercomputer mechanisms (Jiuping, 2024). Hinton further raises more concerns about artificial intelligence development and argues that it is going to be dangerous if its influence on human development goes on uncontrolled (Wolfisz, 2024).

The literature discussed in this paper includes substantial critical considerations about the impact of AI on academic writing. The already integrated impact of AI on research practices and writing has challenged well-established methodologies and conventions. While scholarly communities increasingly rely on AI assistants to help with data analysis, literature reviews, or even writing, in most cases, those AI assistants are not acknowledged accordingly. It,

therefore, becomes essential to scrutinize how these new developments affect the integrity and quality of academic work. To do that, I use the extended essays (EE) assigned to the IB (International Baccalaureates) Diploma program (DP) students who are about to complete their high school studies at one IB international school in China. According to Elon Musk, founder of Tesla and XAI, AI models have already surpassed the data created by humans and have started learning from AI-generated data (Wolfisc, 2024). AI has learned all of human knowledge and started to teach itself, putting an end to all human-level generation and dissemination of information (Xu Jiuping, 2024).

1.1 Rationale of the study

The study was conducted because of missing data or evidence in fully discerning the impact of AI usage on writing academic papers. The study aims to try to fill that gap, thus serving as a comprehensive critique of academic writing through an AI lens. The study questions how the technologies involved in academic writing affect foundational values such as originality and ethics. Zest is put specifically on the writing of extended essays by the students in the IB diploma program. It is hoped that this would provide more authors and DP students all around the world the benefits of such writing while still being mindful of the potential downside of some losing their human creativity if they tend to be over-reliant on AI tools in their writings. The students would also be cognisant of the need to adhere to very high standards of quality in what is written and read. In order to mitigate some of the risks that the new technological capabilities brought about by AI pose to critical thinking and critical engagement, the experience of a study like this one cannot be understated (Heffernan, 2023). Through this examination, this article reports on what stands in equipoise between the potential to benefit from AI and remaining true to the precepts and values of academic integrity and academic quality. The article further explores the dual nature of AI in academic writing by highlighting its potential to enhance writing efficiency while also exposing the risks it may pose to academic integrity and critical thinking skills among students and researchers.

1.2 The IB's position on AI utilization in essay writing

The International Baccalaureate (IB) has acknowledged that there has been an increasing presence of artificial intelligence (AI) tools in education. It has, therefore, created guidelines around its ethical usage, especially when it comes to the Extended Essay (EE). The IB does not ban the use of AI software, but it insists that any content produced by such tools is properly attributed to ensure academic integrity as stipulated in IB's Academic integrity policy document as follows:

Clear Attribution: If any text, images, or graphs written by an AI tool are included in their EE, they need to be clearly labelled as AI-generated content. This includes in-text citations and indicating AI-generated text inside an essay.

References: Full citations of the AI tool used, including the prompt and the date of generation. Appropriately attributing AI-generated content is considered academic dishonesty.

Using AI for learning versus content creation: The IB makes two distinctions between using AI as a learning tool and using AI to produce content:

Acceptable Use: Using AI to distil important ideas, provide relevant references, or generate different perspectives, as long as the student responds to and builds off the AI's ideas and does more research.

Unacceptable Use: Using AI to produce a significant part of the writing at large without proper citation or reference or AI to paraphrase, recreate, or re-write a pre-existing chapter without any form of recognition.

Transparency in the use of AI tools: Students will be encouraged to be transparent about their use of AI tools. This includes Documentation Specifying how and specifically to what extent AI tools were used at any stage of the research and writing process. Reflection: Showing that you understand the AI content and how it relates to your research question.

Authentication of the work: Teachers need to authenticate a student's work. They should track the progress and monitor the evolution of students' work over time to verify the authenticity and engage the students' understanding and authorship by discussing the content process.

Consistency checks: The quality and style of the final submission of the essays by the students must be consistent with the known abilities of the students.

By following these principles, IB allows students to use AI assistants in their research and writing without violating the IB's standards and principles of academic honesty. (IB Academic Integrity Policy, 2019)

2. Research Methodology

This study employs a qualitative analysis methodology to investigate the perspective of artificial intelligence (AI) use in the International Baccalaureate (IB) extended essays (EEs) for the subjects of Physics, Chemistry, and Biology. An interactive cross-sectional survey, wherein data is collected at one time, is used to gauge the perceptions of a sample of nine (9) IB Diploma Programme (DP) teachers on the adverse effects of AI in writing extended essays. A web-based audience engagement platform – *Mentimeter*, was used to collect and record data. The aim of using this method was to enable real-time participation and feedback, thus creating a more interactive platform to gauge the concerns of IB teachers regarding the use of AI in academic writing. The research methodology follows the process outlined below:

The survey questions will be administered to capture the perceptions of the nine DP teachers who have experience supervising students and marking EEs at a local IB school. The main thrust of the study is to gain a general sense of the beliefs, attitudes, and overall concerns of the teachers. Therefore, a lower level of precision would be acceptable in this study; hence, a small sample was chosen (Salant & Dillman 1994). The teachers were surveyed on four ranking and open-ended questions each about their experiences with the students' usage of AI in the EEs of their respective subjects involving Physics, Biology & Chemistry.

2.1 Survey's questions

2.1.1 Ranking type

- i. How worried are you about students leveraging AI tools to write their Extended Essays?
 - A) Very concerned
 - B) Somewhat concerned
 - C) Neutral
 - D) Not very concerned
 - E) Not concerned at all

- ii. Do you think AI tools can lower the quality of a students' learning process when it comes to EE?
 - A) Strongly agree
 - B) Agree
 - C) Neutral
 - D) Disagree
 - E) Strongly disagree

- iii. Since AI tools came around, have you seen anything different in how students behave or perceive research and writing?
 - A) Significant positive change
 - B) Some positive change
 - C) No change
 - D) Some negative change
 - E) Significant negative change

- iv. What impact do you think the use of AI has on students' writing skills generally?
 - A) Significantly improves writing skills
 - B) Somewhat improves writing skills

- C) No effect
- D) Somewhat hinders writing skills
- E) Significantly hinders writing skills

2.1.2 Open-ended questions

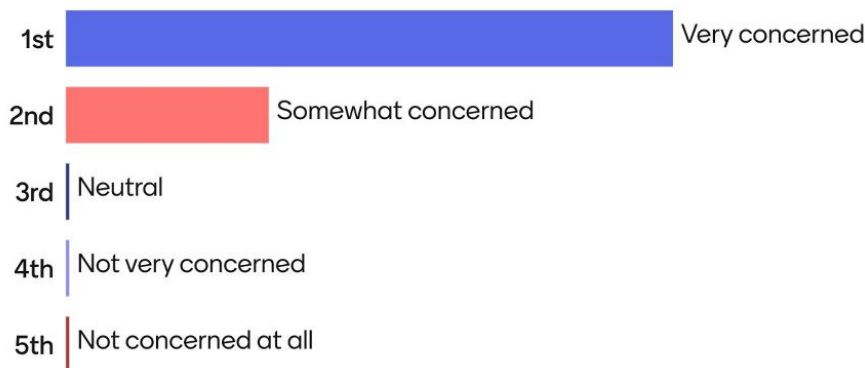
- I. What specific challenges do you think AI poses to the integrity of the Extended Essay process?
- II. In what ways do you believe the use of AI could negatively affect students' research skills?
- III. How do you think AI impacts the development of students' writing styles and voices in their Extended Essays?
- IV. What strategies do you think could be effective in promoting academic honesty while still allowing the use of AI tools in the EE process?

3. Analysis of the viewpoints expressed by educators in the survey

Analysis Framework: A detailed framework to assess the data pertaining to the ranking of the teachers' views. The insights gained from the responses supplied by the teachers in the open-ended questions during the survey are also used to contextualize the findings related to AI usage & academic integrity.

3.1 Ranking type question

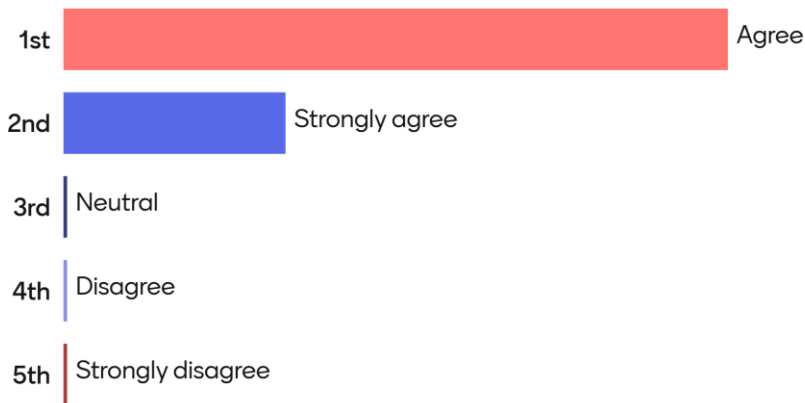
How worried are you about students leveraging AI tools to write their Extended Essays?



There is a degree of concern about students using AI tools to generate their extended essay responses. The categories are ranked, from most to least concerned, as follows:

Very concerned (blue bar) — This category has the longest bar, meaning the highest proportion of responses. A little worried also (red bar) — This grouping has the second-longer bar, signifying a large but smaller proportion of respondents. Neutral — This bar is quite a bit shorter than the first two. Not very interested - Notice that this category has a short bar. Not worried at all -- This category has the smallest bar, indicating the fewest percentage of respondents. The graph shows two things, one being that most respondents were "Very concerned" or "Somewhat Concerned." It is evident from the results that the majority of teachers are concerned about the usage of AI in the writing of extended essays

Do you think AI tools can lower the quality of a students' learning process when it comes to EE?



Response options and ranking:

(Agree) - This has the longest bar, so most of the respondents agree that AI tools can decrease the student learning quality of EE process.

(Strongly agree) – The second longest bar shows that respondents agreed with the statement, but to a lesser amount.

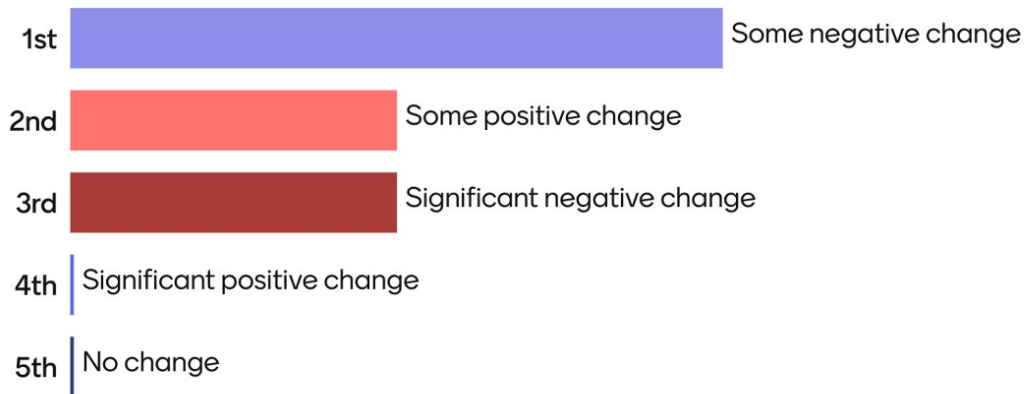
Neutral – A small bar indicating that fewer respondents are neutral on this question.

(Disagree) — An even smaller number of respondents disagreed with the statement.

(Strongly disagree) – This bar is the shortest or almost negligible, meaning that, indeed, very few believe that AI tools are neutral or do not harm the learning environment in the EE context.

There's a clear majority concern that the use of AI tools could undermine the quality of learning students might have when writing the Extended Essay. The overarching sentiment (Agree + Strongly Agree) towards the use of AI as a tool to uphold academic integrity and/or deep, critical learning is, at best, caution. The disagreement is also rather low, indicating a general consensus on the risks of relying too much on AI in academic writing.

Since AI tools came around, have you seen anything different in how students behave or perceive research and writing?



The longest bar in this category indicates that most respondents were able to notice small but salient negative changes in student behavior or attitudes toward research and writing after the introduction of AI tools. This is a positive change of some kind.

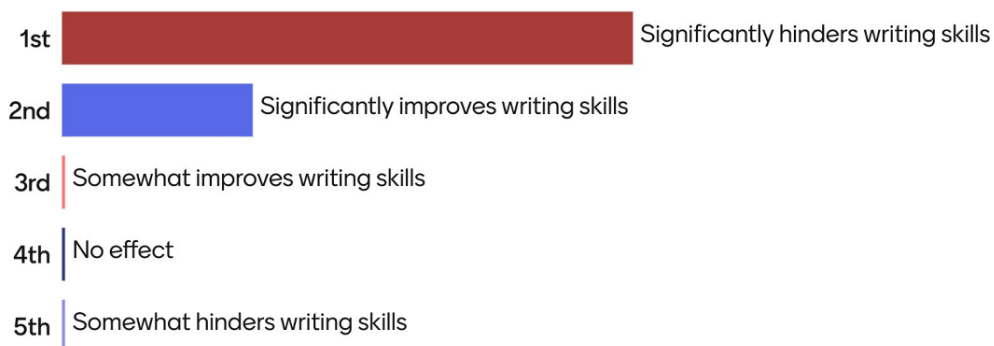
The second most opted for option: A reasonable number of respondents found positive effects, such as inefficiency or assistance in writing and research.

“Significant negative change” A significant number of respondents believed that AI tools have caused substantial decrements, maybe in areas such as critical thinking, originality, or academic integrity.

“Significant positive change”: A significant minority, though, reported a dramatic change in student research and writing practices, signaling a “half-full” view of the promise of AI.

“No change”. This had the shortest bar, as very few respondents think AI tools have had no effect whatsoever. Overall, the sentiment is one of concern, with a plurality nevertheless noting negative changes, be they slight or massive. Conversely, the trends showing some or significant positive responses suggest that sentiment about the impact of AI is more nuanced than one might expect, with potential upside identified by a set of respondents. Most educators seem to view AI tools as having an influence on student behavior and mindset surrounding academic work.

What impact do you think the use of AI has on students’ writing skills generally?



“Significantly impairs writing talent.” It has the longest bar on the chart — this response dominates. It reflects a deep concern among teachers about the sense that the use of AI might undermine basic writing skills, whether through overreliance or plagiarism and in ways that skip cognitive steps like critical thinking and drafting.

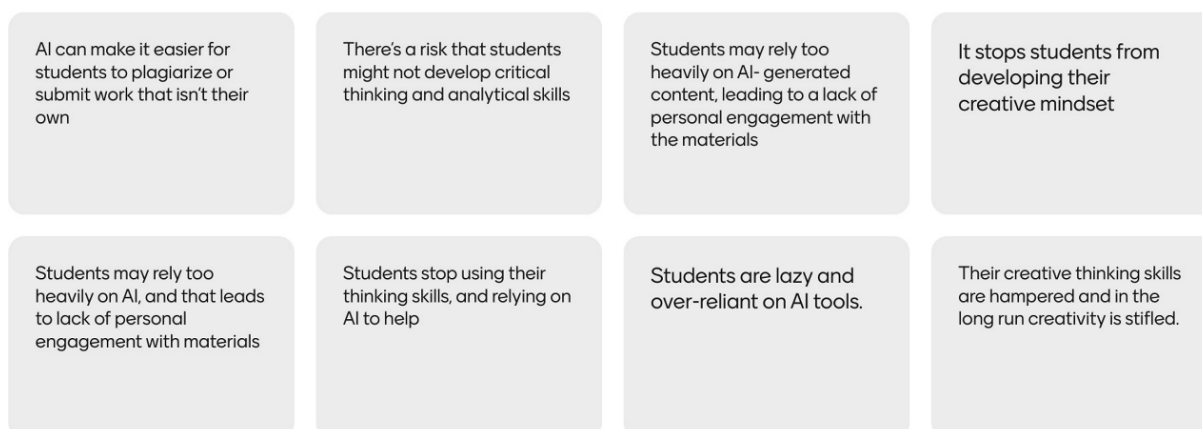
“It greatly improves your writing abilities.” The second-most common choice, representing a constituency of educators who think AI can support students’ skills — possibly by offering models, feedback, or support for nonnative speakers. Recommends making a bipolar perspective of either helped significantly or hurt significantly

“Write somewhat better.” A smaller but still substantial proportion of respondents feel AI can help in a milder sense — for example, by providing structure or correcting grammar.

“No effect” Very few respondents selected this option, which means that a majority of educators do perceive an impact, positive or negative. “Somewhat impairs writing skills” is The least selected option. Most who viewed AI unfavourably saw the effect as very damaging, not marginal. The overall sentiment is negative, with most believing that AI is destructive to students' writing development. The second-highest bar is the other end of the spectrum: significant improvement; a further distinction in attitudes that shows a divide over the diffuse effects AI poses at the level of education. The fewest “no effect” responses reinforce that teachers feel that AI is a transformative force, not a neutral one.

4. Analysis of overlapping themes in open-ended questions

What specific challenges do you think AI poses to the integrity of the Extended Essay process?



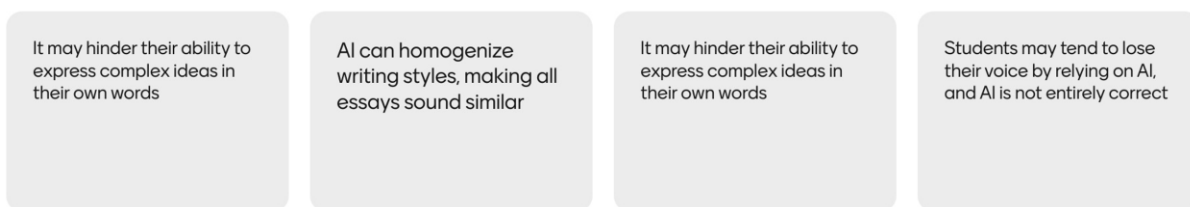
Reduced Originality: AI can facilitate plagiarism or the submission of non-original work by students." This is a basic question of safety. AI can write text, making it easier for students to submit it as their own.

Stunting of critical thought and analytical skills: “It risks students not learning critical thinking and analytical skills.” “Students stop thinking, and they depend on AI to assist. There are concerns that students relying too heavily on AI could skip important cognitive processes involved in research and analysis. Inability to possess personal connection and ownership: “Students might be copying and pasting too much as a result of AI-generated content. “It makes students lazy , and then they don’t engage with the material enough.” An EE should be a personal investigation of your topic. Reliance on AI over people can detract from this sense of ownership and connectedness as well.

Killing of creativity and creative mindset: “It prevents students from growing up with their creative mindset. “I believe their creative thinking skills are crippled and that creativity is hampered in the long term.” This statement highlights the fear that AI could restrict students' ability to think on their own and come up with creative and unique ideas.

Laziness and over-reliance: “Students are lazy and rely too much on AI tools.” How does a student learn in this age of AI? The responses demonstrate a robust consensus around using AI negatively impacting the EE process. This is a fear that AI might facilitate plagiarism, thus undermining the academic integrity of the EE. Ultimately, these viewpoints suggest some of the careful thought that needs to be taken into consideration regarding how and if AI is used in schools to protect the integrity and functional purposes of assessments such as the Extended Essay.

How do you think AI impacts the development of students' writing styles and voices in their Extended Essays?



“It may hinder their ability to express complex ideas in their own words.”

The basis of this worry is that students may become dependent on AI to write their thoughts for them, which may cause a decrease in their ability to think or express complex ideas themselves. This means that students may begin to rely on AI-generated phrases and sentences instead of cultivating their own vocabulary and analytical skills.

“AI can homogenize writing styles, making all essays sound similar.”

This presents the possibility of AI crafting a homogenization of writing in which essays lack a unique flourish and degenerate into cliché. It could be because AI tools use similar wording or sentence structuring, and as a result, student work is devoid of originality and unique voices.

“It may hinder their ability to express complex ideas in their own words.”

The repetition of this perspective from the teachers reinforces the concern that students' ability to think and write on their own is dangerously compromised by AI, and no variation of the perspective challenges that concern. It focuses on the ability to develop critical thinking and articulation skills that could be negatively affected.

“Students may tend to lose their voice by relying on AI, and AI is not entirely correct.”

This point of view brings with it an additional layer of concern from the teachers. This implies students might subconsciously channel the AI's voice, resulting in the absence of closeness and diversified outlook in their writing. It also illustrates the risk posed by AI to deliver false or misleading content, which could further degrade the quality and authenticity of student work. The viewpoints are of teachers regarding the possible harmful effects of AI tools on students as writers. They are concerned about the loss of original thought, unique voice, and the ability to articulate complex ideas independently. These perspectives emphasize the new role that educators will have in actively prompting students' contemplation of their interactions with AI so that they can engage critically with the transformative essence of their future study environment.

What strategies do you think could be effective in promoting academic honesty while still allowing the use of AI tools in the EE process?

Encouraging students to use AI as a supplementary tool rather than a primary resource

Implementing workshops ethical AI use and academic integrity

Creating assignments that require a personal reflection on the use of AI in their research

"Encouraging students to use AI as a supplementary tool rather than a primary resource."

This approach centers on presenting AI as a supplement to the writing and research process rather than a substitute for creativity and diligence. The essential message is that AI should be an enabler, not a replacement, of the student's own intellect in the EE.

"Implementing workshops on ethical AI use and academic integrity."

This approach highlights the need for training and knowledge. It recommends that both teachers and students should become life-long learners and continue to learn more about AI and its impact on writing and education in general.

"Creating assignments that require a personal reflection on the use of AI in their research."

This strategy encourages metacognition and self-awareness. It recommends that teachers should create assignments that force students to reflect on the use of AI in their own research.

By using these strategies, teachers can empower students to take advantage of the benefits of AI while still maintaining academic integrity.

Assessment of academic integrity: The study supports the development of potential implications of any identified AI usage on academic integrity. It also involved exploring the students' understanding of and reporting on their use of AI tools in their research and writing processes in view of the IB's permissive positioning of such technology.

Discussion and Implications: Lastly, the results obtained from the analysis build a convincing case for suspicion about the issue of AI usage in the writing of EEs. Reviews of the survey results would also strengthen conversations about larger themes across academia.

The research methodology discussed provides larger themes found in the teachers' perspective regarding the survey. These themes can assist academia and add to the body of knowledge around the issues of integrity in the context of changing educational practices and the usage of AI in academic writing works.

5. Analysing some key perspectives from the literature on the function of AI in academic Writing

Binns (2018) examines the ethical implications of using AI tools in academic writing and publishing by highlighting the potential of plagiarism and the negative impact on the legitimacy of authorship this may have. Therefore, there is a need for ethical guidelines to govern the use of AI in academia (Binns, 2018). McGowan and Ritchie (2020) explore how AI technologies can both threaten and enhance academic integrity. The role of AI in academic writing can be to facilitate research while also increasing the risk of academic misconduct (McGowan & Ritchie 2020). Weller (2021) also provides a critical analysis of various AI writing tools, discussing their benefits for improving writing quality and efficiency, as well as the ethical dilemmas they create regarding authorship and originality. Another critical analysis of the role of AI in academic writing is provided by Thompson and Patel (2023), who advocate for the dual nature of AI in academic writing, highlighting its potential to enhance writing efficiency while also posing risks to academic integrity and critical thinking skills among researchers.

Duffy and Hennessey (2022) analyse the implications of AI in academic writing, particularly in terms of research methodologies and pedagogical practices. They aver for a balanced approach that embraces innovation while maintaining academic integrity. Henceforth, Hennessey (2023) concurs with that view (Duffy & Hennessey 2022) by highlighting both opportunities for enhanced productivity and challenges related to ethical considerations and the future of scholarly communication. Furthermore, Liu and Zhang (2021) discuss how AI technologies influence academic writing practices by exploring both the opportunities they present for enhancing productivity and creativity, as well as the ethical challenges related to authorship and originality. Smith and Jones (2022) critically analyze the implications for traditional writing practices and the potential impact on academic standards. The use of AI in academic writing raises ethical concerns regarding authorship and originality. It is essential to declare AI assistance transparently to achieve trustworthiness in academic work (Tang et al., 2024).

Artificial intelligence (AI) tools can conceal the markers of authorship and drive concerns of plagiarism on the part of academic organizations and authors (Bretag, 2013). In addition, the use of AI may stifle the development of creativity and the improvement of critical thinking skills in academic writing (Holmes, Bialik & Fadel, 2023). Additionally, some of the ethical dilemmas that AI poses for academic writing are the implications it has on transparency, authenticity, and the potential for abuse (Eaton et al., 2022). The consequences of AI proliferation on academic integrity point out the need for better policies regarding the usage of AI tools for academic writing (Lancaster, 2022). The impact of AI on academic publishing systems, especially in the field of peer-review forms and the general quality of research (Perkins, 2023).

The use of AI has a negative impact on tertiary education. The overall impact of AIs on tertiary education: This relates mainly to the way knowledge is imparted, learned, and research conducted (Luckin et al., 2016). Finally, the latest evolution of AI technologies, which continues to unfold and have an impact in academic contexts, is explored in the article "Artificial Intelligence in Academia: A Double-Edged Sword," stating both potential benefits and challenges and stressing the need to foster the discussion and reflection about AI consequences (Zawacki-Richter et al., 2019). Since AI is a rapidly developing field impacting academic writing, knowing about recent studies and engaging in discussions about the ethical, practical, and intellectual implications of AI in academia is crucial.

6. The vital role of Operations Research Education in the integration of AI into writing

Education in Operations Research is a process of preparing people with the qualifications and methodologies needed to properly solve complex decision-making problems. It focuses on using mathematical modelling, statistical analysis, and optimization techniques in real-world applications (Taha, 2017). As a subfield under operations research, operations research education focuses on training students to apply quantitative methods and tools to improve decision-making across disciplines, such as business, engineering, healthcare, and logistics. This trains users to analyse and interpret data in a relevant manner (Winston, 2004). Moreover, the area of Operations Research education aims to provide students with the analytical skills needed to solve various operational problems across different sectors, tapping into them via the practicum of optimization, simulation, and statics (Hillier & Lieberman 2010).

The definitions in the foregoing paragraph provide a foundational understanding of education in Operations Research and highlight the expediency of developing analytical skills for solving complex problems. The three definitions delineated above indicate how operation research (OR) thinking submits a symbiotic mixture of notions of coordination and optimization to focus on how to find scale, stable, and optimal solutions in complex systems. This strategy assists people in navigating and making strategic choices in an AI-influenced landscape while creating a foundational component of intelligent societies. AI and OR are almost likened to twins with a symbiotic relationship (Taha, 2017). Large models of AI, famous for being data-hungry, derive motivation from the tool of operation research, but once you add AI, operation research is no longer just a method to solve some problems because it enables creativity in both theory and implementation. This interconnected nature of these two domains drives technological advancement and social change, forming a complementary eco-system. This education in operation research thinking is the key to enabling collaboration between AI technologies and human-oriented values and to helping human beings discover their roles in this interdependent "AI-OR" ecosystem, which is the key prerequisite for well sustainable development and share of prosperity in the long run. (Xu Jiuping, 2024).

Operations Research (OR) Thinking can provide valuable frameworks and methodologies to address the challenges posed by the abuse of AI in academic writing. Here below are several ways OR principles can help:

Optimization Models: OR can be used to develop optimization models that balance the benefits of AI in academic writing with ethical considerations. By defining objective functions that prioritize academic integrity while maximizing productivity, institutions can create guidelines that promote responsible AI use.

Decision Analysis: OR techniques can help in decision-making processes regarding AI usage. By employing decision trees or multi-criteria decision analysis, schools and universities can evaluate the implications of allowing AI tools in writing and establish policies that mitigate misuse.

Simulation: Simulation models can be used to predict the potential impact of AI on academic integrity. By simulating different scenarios where AI tools are used in writing, institutions can identify potential risks and develop strategies to address them.

Data Analytics: OR often involves data analysis, which can be applied to monitor AI usage patterns among students. By analysing data on writing submissions, institutions can identify anomalies that may indicate AI misuse and take corrective actions.

Resource Allocation: OR can assist in the efficient allocation of resources for academic integrity initiatives. This includes training faculty and students on ethical AI use, developing detection tools for AI-generated content, and creating support systems for academic writing.

Network Analysis: Understanding the relationships and networks within academic communities can help identify key influencers who can promote ethical AI use. OR methodologies can map out these networks and facilitate communication and collaboration among stakeholders.

Game Theory: Game theory can be applied to understand the strategic interactions between students, faculty, and institutions regarding AI usage. By analysing incentives and disincentives, institutions can design policies that encourage ethical behaviour.

Feedback Loops: Implementing feedback mechanisms to continuously assess the effectiveness of AI usage policies can help institutions adapt and improve their approaches over time. OR can help design these feedback systems to ensure they are data-driven and responsive.

By applying these OR methodologies, academic institutions can create a structured approach to managing AI usage in writing, ensuring that it enhances learning while maintaining academic integrity (Taha, 2017)

7. Limitations

One notable limitation of this study is the small sample size. Only nine IB DP teachers participated in the interactive survey in this study, which may not fully reflect the views of the wider academic community. Because of the complexities and rapid developments in how AI is influencing academic writing, findings would be more generalizable with a broader data set that drew on the perspectives of educators, students, and policymakers from multiple institutions. Finally, the study does not consider geographical or curriculum-specific differences that may also affect other educators' beliefs about incorporating AI into academic writing.

Qualitative analysis is another limitation. Given that teachers shared some useful insights in open-ended questions of the survey, there were some elements of bias in the interpretation of the survey response because of the researcher's position as the science teacher. The study does not include a quantitative element that would allow it to offer measurable evidence regarding the effect AI might have on academic integrity, originality, or student work in other IB subjects. Integrating statistical analysis data or experimental studies that compare AI-assisted writing to traditional writing approaches would have further substantiated the study's empirical footing.

Finally, the methodology of the study fails to adequately address potential biases in AI-generated content, including, but not limited to, algorithmic errors, cultural biases, or the ethical consequences of AI dependence. Although the study acknowledges concerns regarding AI's impact on critical thinking and academic integrity, it does not

empirically measure how reliant students may become on AI tools. Longitudinal studies are recommended to explore more about how the presence of AI in academic writing shapes student writing over time. This could include comparisons between students who devote some of their academic writing to writing with AI assistance and those who do not.

8. Conclusion

In light of all the issues raised, it has been revealed through this study that understanding the potential of AI in writing could unlock new realms of creativity and efficiency, but it must also grapple with the spectre of integrity and originality. It can be deduced from the discussions in this paper that the world of artificial intelligence is moving fast, and it can potentially transform the way we do research, analyze data, and streamline all the necessary academic work. But these benefits raise ethical issues we must grapple with. Given the potential benefits that innovative AI technologies can bring to education, exciting opportunities exist for scholars to embrace such innovation while reconciling their use with academic integrity.

Teachers at schools can play an integral role and lay a good foundation for academic integrity by being vigilant of any misuse and over-reliance on AI tools by students. This will create an imperative for scholars and researchers to engage in ongoing dialogue at the higher institutions of learning regarding the responsible use of AI. They can do that by creating explicit protocols that cover concerns surrounding plagiarism, authorship, and the moral dimensions of AI-generated material. This will help the academic community to balance the need to trust research outputs whilst harnessing the benefits of AI within an environment of transparency and accountability. The challenge for institutions of learning, including IB schools, is to be proactive when it comes to the ethical use of AI in education. Teachers should reduce the excessive use and dependency on AI tools when students are composing Extended Essays (EEs) at IB schools. This can be achieved by partnering with scholars from higher education institutions and technology experts. Through this collaboration, a supportive environment can be developed where innovation and integrity coexist harmoniously.

Moving forward, academic writing will have a future dominated by human creativity, machine efficiency, and co-authoring with AI. That leaves originality and the authorial voice to the scholars. As the world embarks on the new AI era, utmost vigilance to preserving academic integrity is expedient. So, with a commitment to ethical AI use and responsible practices, this newly charted territory can be navigated with relative ease. That would allow us to honour the foundations of academic writing while also getting the most out of technological advances.

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